



# Braeside Primary School

## Honour, Pride and Achievement

Issue 7 20th May 2025

**Vision:** Braeside Primary School is a dynamic learning community that values diversity and fosters a sense of belonging. We meet the needs of each individual through collaborative, reflective, and evolving school-wide practices that provide explicit, engaging experiences. Our students achieve their academic, emotional and social potential and are contributing members of the community.

### Principal's News

What a busy term it has been already here at Braeside Primary School. Last week the Kindy students had a Mother's Day morning tea. This was a fabulous opportunity for our very special mums, nanas and carers to come to Kindy and enjoy a morning tea that our students had to help prepare. Special thanks to Mrs Love, Ms Richie and Mrs Love's mum for adding some amazing extras. It really was a special 'high tea'.

We then had Messy Play Day that allowed our junior classes to experience different experiences, textures and smells, get dirty and let their senses decide what to do. Activities included slime buckets, jelly buckets, water play, shaving cream and all sorts of other things to put their hands in and play with. The language and laughter that came from this was wonderful to watch and hear.

Other classes in the school celebrated Mother's Day by making cards and doing activities with mums. Our P&C had a Mother's Day stall that was very successful and well accessed. A big thankyou to all our parents that helped put this together.

I hope everyone had a wonderful Mother's Day and got to enjoy being with your children.

Coming up we have a public holiday on June 2nd and then our cross country on Wednesday 4th June. I look forward to seeing you there.

#### NEW SCHOOL BANKING DETAILS

**Banking details: Braeside Primary School**  
**Commonwealth Bank**  
**BSB: 066-040 Acct: 19907881**

### Important Dates

2025	May
National Simultaneous Storytime—The Truck Cat at 9am	Wed 21st
Assembly Year 3 Commencing at 1:40pm	Mon 26th
Musica Viva—Water Rhythms	Wed 28th
Bookfair Week	Weds 21st — Fri 30th
P&C Hot Lunch	Fri 30th
2025	Jun
Public Holiday—Western Australia Day	Mon 2nd
BPS Cross Country	Weds 4th (10am)
Narrogin Cross Country	Fri 6th
Assembly Sharing Junior - Commencing at 1:40pm	Mon 9th
School Board Meeting	Mon 9th
P&C Hot Lunch	Fri 13th
Interschool Cross Country	Fri 20th
Assembly NAIDOC—Commencing at 1:40pm	Mon 23rd

#### IMPORTANT INFORMATION

Phone: 9821 3500

Website: [www.braesideps.wa.edu.au](http://www.braesideps.wa.edu.au)

Email: [Braeside.ps@education.wa.edu.au](mailto:Braeside.ps@education.wa.edu.au)

### ACKNOWLEDGEMENT OF COUNTRY

We acknowledge that our school is on the traditional lands of the Goreng Noongar people.

We respect their continuing connection to land, water, community and their spiritual relationship to Noongar country.

We pay respect to the Elders past, present and emerging.

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## MESSAGE FROM ROOM 6

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I have been very lucky to begin my teaching career with the wonderful students in Room 6 this term. So far, I have loved getting to know the students and their families, and developing classroom routines to ensure each student is supported to achieve their best this term.

We have had an action-packed few weeks in Room 6. At our Mothers' Day Afternoon on Friday in Week 2, it was great to meet lots of parents and see the kids enjoy some quality time with Mum for this special day. The students also enjoyed the K-2 'Messy Play Day' on Wednesday in Week 3. They had lots of fun getting their hands messy, particularly with the shaving foam! A big thank you to Mrs Lydeamore and Mrs Love for organising these events.

In spelling, we have been learning lots of new tricky words, spelling long vowel sounds and adding 'ing' to the end of words. The students have been working very hard to learn so many new spelling rules! We have also been working on predicting when reading a text. It has been interesting to see whether our predictions are correct at the end of the story.

We have begun to learn about writing narratives. The students began by writing a short story about a trip to the zoo. It will be very exciting to look at these stories at the end of our unit and see how much each student has improved.

In maths, we have been learning about addition. Our Year Twos have created an 'Addition and Subtraction Toolbox' to contain all of the new addition strategies they have learnt. Our Year Ones have been practising making 'fact families' and using addition and subtraction to find the missing number. We will be starting to learn about different 2D and 3D shapes next week.

I look forward to all of the learning and growing in Room 6 for the rest of Term 2!



# NETBALL WA—GREAT SOUTHERN 2025 CUP



PRINCIPAL PARTNER

GOLD  
INDUSTRY  
GROUPDepartment of  
Local Government, Sport  
and Cultural Industries

## Netball WA – Great Southern 2025 WCF PRIMARY SCHOOL CUP

- DATE:** Friday 1 August 2024
- VENUE:** Katanning Leisure Centre – Pemble Street, Katanning.
- TIME:** Games start 9.30am, Finals at approx. 1.30pm, Presentations 2.00pm
- COST:** Team Entry - \$35/ per team (invoice will be emailed out after event from NWA)  
Court Entry - \$4.60 per player / team  
\$2.00 per spectator (teachers, coaches, umpires, bus drivers etc)

**Note:** Could the nominated **Teacher in Charge** please have total numbers ready and total entry fees collected prior to arrival at the courts, ready to pay directly to KLC Front Desk. For invoicing services, a purchase order will be required before the event. Credit Card payment is welcome - If invoicing is required, please notify Kirsty Flugge, KLC Manager before the event on (08) 9821 4399.

- DIVISIONS:** You are invited to nominate male and female teams for any of the following divisions:
- Year 6 Girls
  - Year 6 Boys
  - Year 5 and 6 Girls
  - Years 5 and 6 Mixed

**No more than 3 BOYS per team on court at any given time in the mixed division. Mixed division must have 3 boys nominated within the team and must play 3 boys at any given time – (3 boys, 4 girls).**

### COMPETITION GUIDELINES:

- Players must play for the team they are nominated in for the duration of the carnival;
- Confirmation of exact times, along with the fixtures, will be emailed to your school one week before carnival commencement;
- Students are to be advised that NO JEWELLERY will be allowed to be worn whilst playing in the event;
- Nominated Umpires will be required to wear a white shirt and have their own whistle.

### EACH TEAM TO BRING:

- Umpire
- Ball
- Set of Bibs

### SCHOOLS TO PROVIDE:

- First Aid Kit and ice packs

**NOMINATIONS CLOSE: Wednesday 16 July 2025**

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## 2025 VOLUNTARY CONTRIBUTIONS PRIZE WINNERS

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**KINGERGARTEN :** MacKenzie Phillips

**PRE-PRIMARY:** Kayleigh Bolt

**YEAR 1:** Rory Townsend-Crisp

**YEAR 2:** Lisyah Mohammad Yusri

**YEAR 3:** Dustin Cameron

**YEAR 4:** Jalen Chimbo

**YEAR 5:** Lily MacNicol

**YEAR 6:** Rylan Pink

Please keep an eye out for the prize vouchers coming home shortly.

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## SCHOOL BOARD INFORMATION

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## LOCKING UP OF BIKES & SCOOTERS

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Currently bikes are located near the Admin. If your child's bike or scooter is not chained up, admin are chaining them every morning.

If your child would prefer to chain them up to the bike rack themselves please send a chain with your child so they can lock them up.

Can you please talk with your child about the importance of locking up their bikes, we have noticed that some students are bringing a lock, but are not using it. In this instance we are chaining them up in the morning to keep safe.

Thank you, we appreciate parents assistance.

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## HANDWASHING

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Washing hands is the easiest way to protect ourselves from contagious diseases, like colds, influenza and gastroenteritis. Hands should be washed before and after eating or preparing food, after going to the toilet and after nose blowing.

When teaching your child to wash their hands:

- Use clean water and soap, making sure they cover their hands and wrists.
- Use a brush to clean under nails if they're dirty too
- Dry their hands with something clean (like a paper towel)

Alcohol based sanitisers are useful when soap and water is not available. Use half a teaspoon of the product and encourage your child to rub their hands together until they're dry. If you can see dirt on their hands, it is better to use soap and water.

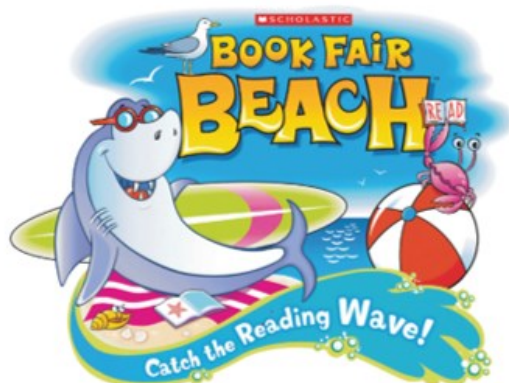
For more information go to [www.healthywa.wa.gov.au](http://www.healthywa.wa.gov.au)



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## LIBRARY NEWS

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Bookfair week has been re-scheduled for the 21st to the 30th of May.

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## MATHS BOOK PAYMENT

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This year the Maths books for student in Pre-primary through to Year 6 needed to be purchased by the school, this was noted on the Booklist for PP to Year 6.

An invoice has been sent out for your child's Maths book, can you please forward payment to the office as soon as possible. Alternatively, payment can be direct debited to BSB: 066040 ACC:19907881 with your child's name and "Maths book" as the reference.

## NEWS REPORTERS



Ariana Mills-Waterhouse & Maliyah Long

### **Cross Country News 2025**

On June the 4<sup>th</sup> is cross country faction carnival!

The factions competing are Wandoo, Mallee and Acacia. Some teachers will be going in to the cross country to watch the bays and some will be on the track to encourage and watch how the kids are going running on the track, whilst the other teachers stay with the kids that did not get permission to go to cross country.

The kids that are going will take their hats, bags and water bottles, they also can take a puffer and stuff to entertain themselves and others, and they can bring some lollies just not too much.

Parents come to watch their kid/kids and encourage them and their friends. 8-year olds run 1km, 9-year olds run 1.5km, 10-year olds run 2km, 11-year olds run 2.5km, 12-year olds run 3km. (we didn't know how much they ran sorry if it's wrong) It's recommended to wear skirts, tights and shorts and also recommended to wear no heavy clothing items.

Make sure to drink lots of water but don't get a stich, also make sure to keep on going if you do get a stich or if you're simply tired because it doesn't matter if you don't win it just matters if you have fun and try your best.

Your teachers and parents will be extremely proud of you even if you don't win, they just care that you gave it a go and you tried your best.



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# FOOTBALL

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A promotional poster for the Coles MiniRoos Football Australia program. The background is dark blue with a green and yellow swoosh. On the left, the text 'coles MiniRoos' is in green and white, with the Football Australia logo. Below this, 'KICK OFF YOUR FOOTBALL JOURNEY' is written in large yellow and white letters. Further down, '4-11 YEAR OLDS' is in green. A calendar icon is next to 'SATURDAYS, 17 MAY - 28 JUNE'. A clock icon is next to '10:00AM - 10:45AM'. A shield icon is next to 'Katanning Soccer Association'. A location pin icon is next to 'Katanning Leisure Centre (Top Oval)'. A dollar sign icon is next to '\$68.00'. A yellow box at the bottom right contains the text 'MINIROOS.COM/PLAYERS'. On the right side, there is a QR code and a photo of two young boys in white MiniRoos jerseys. At the bottom right, there is a cartoon illustration of a kangaroo player kicking a soccer ball.

coles  
**MiniRoos** FOOTBALL AUSTRALIA

**KICK OFF  
YOUR FOOTBALL  
JOURNEY**

**4-11 YEAR OLDS**

 **SATURDAYS, 17 MAY - 28 JUNE**

 **10:00AM - 10:45AM**

 **Katanning Soccer Association**

 **Katanning Leisure Centre (Top Oval)**

 **\$68.00**

**MINIROOS.COM/PLAYERS**

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## JELLY BEAN COUNTING CHALLENGE – Year 6 Classroom Camp Fundraiser

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Our Year 6 students are hosting a fun Jellybean Counting Challenge to raise money for their upcoming camp.

### How it Works:

- For just 50c, choose a numbered square with your guess for how many jellybeans are in the jar.
- The person with the correct guess wins the jar of jellybeans!

**Why It's Important:** All funds go toward making the Year 6 camp a memorable and affordable experience.

### Get Involved!

- The jar of jellybeans and chart is in the front office.
- Submit your guess by bringing your money to the front office.

You can have more than one guess.

Good luck, and thanks for supporting our Year 6 students.



# SCHOOL NURSE

## Influenza

Influenza, or the 'flu' is caused by an influenza virus. It is spread through the air when someone coughs, sneezes or talks. It is also spread by touching something that has the virus on it and then touching your nose, eyes or mouth. Common symptoms include sore throat, cough, fever, headache, chills, tiredness and muscle aches.



People with the flu should rest and drink plenty of fluid. Use paracetamol in recommended doses if necessary - but do not give children any medication containing aspirin.

Be sure to keep your child home from school while he or she is sick. If you require school work for your child contact the school to prepare some for you to collect.

The best way to prevent flu from spreading is by washing your hands regularly and after coughing, sneezing or blowing your nose.

Flu vaccines are available prior to winter starting. For more information, contact your GP or Katanning Immunisation Clinic by telephoning 098216278.

### Why should I consider having my child vaccinated against the flu?

The National Health and Medical Research Council, Australia's peak body for health advice, recommends annual vaccination for anyone six months of age or older who wants to reduce their chances of becoming ill with the flu.

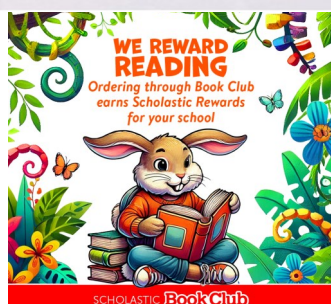
Annual flu vaccination is strongly recommended for anyone six months of age or older with a medical condition that places them at higher risk of severe illness from flu. Children and adults with heart, lung or kidney disease or a weakened immune system, are eligible for free flu vaccine through the National Immunisation Program.

Children without underlying medical conditions who become infected with flu can also develop serious illnesses. Flu can cause high fever and pneumonia and make existing medical conditions worse. Flu can also cause convulsions and diarrhoea in children.

Influenza viruses are always changing. Each year scientists try to match the strains of influenza viruses in the vaccine to those most likely to cause flu illnesses that year. It takes up to two weeks for protection to develop after vaccination against flu and protection lasts about a year.

For more information visit [healthywa.wa.gov.au/immunisation](https://healthywa.wa.gov.au/immunisation) or contact your GP or Immunisation Clinic.

# SCHOLASTIC BOOK CLUB



Issue 2 orders are processed and we await delivery of students book orders.



# PLAY—KICKER THOMPSON



## KICKER THOMPSON

An original play presented by the boarders of St Mary's Anglican Girls' School & Hale School

Kicker Thompson is a tough, fun-loving kid who dreams of becoming an AFL star...until 'the thing' arrives and Kicker is terrified!

A fun-filled and heart-warming experience for the whole family.

**A SHOW AND A SHINDIG!**

**SATURDAY 24 MAY, 7PM – 8PM**

**KATANNING TOWN HALL**

POST-SHOW SUPER SUPPER PROVIDED BY KATANNING PRIMARY SCHOOL P&C



**TICKETS: \$15EA OR 4 FOR \$50**

- SCAN THE QR CODE
- VISIT: [WWW.REDFOOTYOUTHTHEATRE.COM.AU](http://WWW.REDFOOTYOUTHTHEATRE.COM.AU)
- OR PURCHASE AT THE DOOR (CASH OR EFTPOS)



**HALE SCHOOL**  
Find your frontier



**St Mary's**  
ANGLICAN GIRLS' SCHOOL

# COMMUNITY NOTICES

## BETTER HEALTH PROGRAM

### Exciting opportunity for parents in WA

with children aged 6-12



## Circle of Security® Parenting™

A FREE 8-week online workshop for parents and caregivers

This parent education program is designed to enhance attachment security between parents and their children. At times, all parents feel lost or without a clue about what their child might need from them. Imagine what it might feel like if you were able to make sense of what your child was asking from you.

This workshop will cover:

- Exploring and strengthening secure parent-child relationships
- An awareness of children's needs and behaviour
- The Circle of Security and why recognising and acting on this dynamic promotes strong attachment and healthy mental development

Presented by Stephanie Rea of  
360 Family Health.

BOOKINGS ESSENTIAL.

TO BOOK: [PCWAGS COSP](mailto:PCWAGS@wanslea.org.au)

T: 0448 137 192

E: [GreatSouthernPCWA@wanslea.org.au](mailto:GreatSouthernPCWA@wanslea.org.au)

When: Mon 6 - 8pm  
5 May – 23 June 2025  
Where: Online

Supported by



## NetSetGo 2025

Attention all Kindy, Pre-Primary, Year 1 & 2 Boys and Girls.  
If you're interested in playing **NetSet** this year, (modified netball),  
registrations are now OPEN!  
This is a great way to learn what netball is about, make new friends  
have fun doing so!  
Any queries please contact  
Katanning Netball Association  
**NetSet** Co-ordinator  
Tania Edwards  
0438 738 680

[knavice6317@gmail.com](mailto:knavice6317@gmail.com)

Are you  
ready? Let's  
**NET SET GO!**

Join Woolworths  
NetSetGo, Australia's  
leading netball program  
for kids aged 5 to 10.  
It's where netball begins  
but the fun never ends!



#### Why join?

- Learn new skills in a fun, supportive environment
- Make friends and build confidence
- Smaller groups means more learning and more laughing
- Aged-based stages, which are welcoming of all experience levels - everyone can join!

Woolworths

**NET SET GO!**

Sign up now at [netball.com.au/netsetgo](https://netball.com.au/netsetgo)  
and start your child's lifelong love of team sport today.

## JUNIOR REGISTRATIONS OPEN

Registrations are now  
open for players to  
register for Junior Netball  
in Katanning.  
Please login to Play HQ  
and search :

Katanning Netball  
Association



<https://www.playhq.com/netball-australia/org/katanning-netball-association/7437c007>



Please contact Kirsty Flugge  
- Junior Coordinator for  
more information -  
0400 634 197 or email :  
[knaic6317@gmail.com](mailto:knaic6317@gmail.com)

Follow "Katanning  
Netball Association" on  
facebook for more  
information and direct  
links to register

# COMMUNITY NOTICES



## B.E.S.T.

If you have a young person who is 12 to 25 years old and are worried about their mental health or substance use, the Behaviour Exchange and Systems Therapy (BEST) program may be suitable for your family.

The sessions will run at headspace Albany by headspace clinicians.

**Time: 5:00-6:30pm**

**Start date: Wednesday 14th May 2025**

**Finish date: Wednesday 18th June 2025**

**Cost: FREE**

By attending the BEST program, you will be part of small multi-family group program that runs for 6 consecutive weeks. This group program is about trying to help your family understand more about adolescence, mental health, and learning to work together and support each other.

If you are interested in participating in the BEST program, please call headspace Albany on 9842 9871 to register.



headspace National Youth Mental Health Foundation is funded by the



## Wise Minds

Wise Minds is an emotional regulation skills-based group for 12-15 year olds. Young people practise different mindfulness activities each week and learn techniques to manage strong emotions in a healthy way.

This 6 week program is on **Tuesdays at 3:45-4:30pm for Term 2**, starting on 13 May 2025.

To sign up please call **9842 9871** or email **info@headspacealbany.com.au**

headspace Albany  
Shops 9-11 The Link Shopping Centre  
St Emille Way, Albany  
9842 9871  
headspace.org.au/albany



headspace National Youth Mental Health Foundation



## Delving into Neurodivergence

Living in a neurotypical world contributes to mental health challenges. This 6 week group is for neurodivergent young people (diagnosed or not) that focuses on strengths; what being neurodivergent means to you; and how to maximise your environments, relationships and work/study.

The Delving into Neurodivergence group is on **Wednesdays at 3:45-4:45pm for Term 2**, starting on 14 May 2025.

To sign up please call **9842 9871** or email **info@headspacealbany.com.au**

headspace Albany  
Shops 9-11 The Link Shopping Centre  
St Emille Way, Albany  
9842 9871  
headspace.org.au/albany








Want to give your  
child a head start?

Active8 is a **free, healthy lifestyle program** for  
parents, carers and their children.

Do you...

-  have a child aged 2-5 years old?
-  want to improve mealtimes?
-  worry about their health?

We provide evidence based  
guidance around physical  
activity, fussy eating and  
nutrition to help you build  
confidence during meal times  
and form healthy family habits!

The program runs for eight  
weeks and is run by qualified  
health professionals in either  
an online or face-to-face format  
in your local community.



**Sign up today!**

 [www.theactive8.org/wa](http://www.theactive8.org/wa)  
 1300 822 953



Participants  
recieve great  
freebies and  
professional  
advice!



### What's included on Active8?



- Informative and supportive weekly online or in person sessions for 8 weeks
- Support from a qualified health professional.
- Personalised goal setting to implement healthy habits.
- Helpful resources that help your family become more active, improve eating habits and live well.
- Access to support through the Active8 community and group discussions.

**Sign up today!**

 [www.theactive8.org/wa](http://www.theactive8.org/wa)  
 1300 822 953



For health tips follow us:

 @betterhealthco

 @betterhealthcompany




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**BETTER HEALTH CO.**

**theactive8**  
program

# BETTER HEALTH PROGRAM

## Want to prepare your kids for a healthier future?

Is your child...

-  6-12yrs old?
-  Above a healthy weight?
-  In need of support to improve eating and activity habits?

The *Better Health Program* is a **free**, 10-week healthy lifestyle program for you and your child.

Weekly discussions include topics such as good nutrition, forming positive habits, becoming a healthier family and being physically active.

The program is available in **online** and **face-to-face** formats.

Both versions include a bunch of **great freebies**, and a **reward** at the end!



*"The program was fantastic. So great that I didn't have to coax my daughter to come every week. She loved it and she couldn't wait to come. It's made a huge difference in our life!"*

- Better Health Program Parent

**Sign up today!**

[betterhealthprogram.org/wa](https://betterhealthprogram.org/wa)

☎ 1300 822 953



Participants receive great freebies and advice. **Plus a reward at the end!**



### Available in two formats



**Online** – complete fun, online sessions with your child plus a weekly call with your own personal health coach.



**In a group** – attend 2-hour group sessions with your child, once a week in a local venue. Participate in family learning sessions, games and physical activity for your child.

**Sign up today!**

[betterhealthprogram.org/wa](https://betterhealthprogram.org/wa)

☎ 1300 822 953



For health tips follow us:



@betterhealthco



@betterhealthcompany



Government of Western Australia  
Department of Health

Powered by  
**BETTER HEALTH CO.**

## BRAESIDE PRIMARY SCHOOL Term 2 – 2025 parents



	Monday	Tuesday	Wednesday	Thursday	Friday
	21 <b>PUBLIC HOLIDAY EASTER MONDAY</b>	22	23	24	25 <b>PUBLIC HOLIDAY ANZAC DAY</b>
1	28 <b>START OF TERM SDD</b>	29 ANZAC ASSEMBLY 9AM	30	1 MAY Red Cross Incursion Year 3-6	2
2	5 Kidsafe Incursion Year 3	6 NEWSLETTER P & C MEETING	7	8 Kindy Mother's Day High Tea	9 Yr 6 Fundraiser Mother's Day Stall
3	12 ASSEMBLY YR 4/5	13	14	15	16 PIRATE DAY - WEAR PIRATE CLOTHES - GOLD COIN DONATION P & C HOT LUNCH 
4	19	20 NEWSLETTER	21 NATIONAL SIMULTANEOUS STORYTIME 9AM -THE TRUCK CAT- Bookfair	22	23 P & C Day
5	26 ASSEMBLY YR 3	27	28 MUSICA VIVA 9.55AM WATER RHYTHMS	29	30 P & C HOT LUNCH
6	2 <b>PUBLIC HOLIDAY WESTERN AUSTRALIA DAY</b>	3 JUNE NEWSLETTER	4 BPS CROSS COUNTRY	5	6 NARROGIN CROSS COUNTRY
7	9 ASSEMBLY SHARING JUNIOR  SCHOOL BOARD MEETING 6PM	10	11	12	13 P & C HOT LUNCH
8	16	17 NEWSLETTER	18	19	20 INTERSCHOOL CROSS COUNTRY
9	23 ASSEMBLY NAIDOC	24	25	26 REPORTS HOME P & C HOT LUNCH	27 DUMBLEYUNG SPEECH & DRAMA FESTIVAL
10	30	1 JULY NEWSLETTER	2 DOCKERS SHIELD YR 4/5/6 ALL DAY	3	4