



Year 4/5 Room 9 Parent Information Book

Email: gurdevkaur.pritamsingh@education.wa.edu.au
Phone: 08 9821 3500

Dear Parents/Caregivers,

Thank you for attending your child's, Parent Information Night. My name is Mrs Dev Singh and I will be your child's Year 4/5 teacher in 2024. I have prepared the following information to support you and your child at Braeside Primary School for Year 4/5.

Structure of the School Day

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:35 am	Classroom Opens				
8:55 – 9:55 am	1 st Block				
9:55 – 10:55 am	2 nd Block				
10:55 – 11:15 am	Recess				
11:15 – 12:15 pm	3 rd Block				
12.15- 12.55 pm	4 th Block				
12:55 – 1:35 pm	Lunch				
1.35 – 2.30 pm	5 th Block				
2:30 pm	Early Close	Home Time			
3:15 pm					

Arrival at School

The classroom doors will be open from 8:35am. All children must wait in the Undercover Area prior to 8:30 am. **Students need to bring into class:**

- Water bottle
- Crunch and Sip
- Reading folder and student diary
- Lexile book or Home Reader

Crunch & Sip

Children are encouraged to bring **a small container with chopped fruit or veggies** or a **whole piece of fruit and a water bottle** to snack on during our crunch and sip break before recess. There will be no crunch and sip after recess.

Parent/Teacher Communication

Room 9 are using See Saw which will allow you to communicate directly with me about your child's needs, important dates and to see the wonderful work your child will engage in during the year. Please speak with me about access to this if you have not yet signed up. Alternatively, you can write in your child's school diary as this is required to be brought to school each day.

If you would like to make an appointment to discuss your child's progress throughout the year, you can either send a message via **Seesaw**, write a note in the diary, or call the school office and leave a message. I will call you to make an appointment at a suitable time. Alternatively, you can email me at gurdevkaur.pritamsingh@education.wa.edu.au

Specialist Classes – Term 1, 2024

Monday		Wednesday		Friday	
Subject	Teacher	Subject	Teacher	Subject	Teacher
Science	Miss Porteous	Art/Music	Mrs Newman	Health and PE	Miss Jackson
		HASS	Miss Porteous		

Library

Please ensure that your child brings in their library bag each week. Library borrowing limits are a maximum of three books, two for pleasure and one Lexile book that is within the student's Lexile level. Students with overdue books will not be able to borrow new books until the overdue items are returned. Room 9's library day is Thursday. Students will also be able to access the library before school and after lunch to change their Lexile books.

Science

This year in Science we are studying the following:

Term 1- Biological Sciences- Life cycles, food chains and environments.

Term 2- Chemical Sciences- Properties of materials, states of matter.

Term 3- Physical Sciences- Forces, properties of light.

Term 4- Earth and Space Sciences- Water locations and water cycle, weathering and erosion and the effect on the Earth.

HASS

This year in HASS we are studying the following:

Term 1- History- The establishment of the first British colony in Australia as well as the effect on First Nations People.

Term 2- Civics and Citizenship- Looking at Australia's government, including elections and roles of elected representatives.

Term 3- Geography- Environments and factors that change them.

Term 4- Business and Economics- Types of resources, including natural, human and capital, and how they satisfy needs and wants.

Sport

Children will need to bring in a water bottle and a wide brimmed hat. Caps are not to be worn at school.

Home Reading

Year 4/5 students will participate in the Lexile Reading Program. Lexile students will bring home a book from the library based on their Lexile score for independent reading. Students are expected to read each night and complete a Lexile quiz when they have completed their Lexile book. Students are participating in our whole school 'Nights of Reading' program. Students are rewarded for each 25 Nights of Reading. Different rewards are provided depending upon the number of 'Nights of Reading' Achieved. Students are expected to write the title of the book they are reading each day they read into their school diary and have it signed by an adult. This will then be counted towards their nights of reading. No backdating allowed unless permission is given by the classroom teacher.

Homework

Whilst homework is not compulsory, I encourage students to read every night, practice their family of facts and complete one mental maths worksheet each week. I understand that there will be times when your child is too tired or has other commitments outside of school which take priority. If you have any questions about homework, please come and see me to arrange an appointment to discuss further.

Absences

A note is required for every absence your child has from school. This is a legal requirement. If you forget to write and send in a note, the office will send home an absentee note to be signed.

Late Arrival and Early Collection

If your child is late arriving to school, they will need to sign in through the office before entering the classroom. Should you need to collect your child early from school, please go to the office first and sign your child out. You will be given a token to present to the teacher on collection of your child. **Please hand the token to the teacher** as it confirms that all the legal requirements have been met and your child will be released from the class.

Growth Mindset

Room 9 is learning and practicing growth mindset. A growth mindset is having the belief that we can improve our intelligence and strengthen our skills by putting in effort and facing challenges. Please refer to the attached leaflet on growth mindset and do not hesitate to contact me for more information.

Emotional Well Being

This year, students will be engaging with the '**Stephanie Alexander School Kitchen Garden**' program. The aim of this program is to develop life skills, build awareness around global issues such as climate change and sustainability, develop social and emotional skills, competencies, and resilience to support child mental health and wellbeing.

Year 4/5 Class Structure

Year 4/5 students will be exposed to their year level of the West Australian curriculum as per SCSA guidelines. They will be assessed using these guidelines at their year level. If you have any questions about specific curriculum requirements and how these are covered in the classroom program, please make an appointment for a meeting.

Birthdays

You are welcome to bring in cupcakes on your child's birthday to share with the other children in the class. Please discuss this beforehand so that I can arrange a suitable time. Please note that cupcakes are preferred as we do not have equipment available to cut up and serve large cakes.

Party bags, gifts, lolly bags, drinks and extra food are not necessary and are preferred not to be brought in to school. If you wish to give out these items for your child's birthday, please make a whole class pack so that no child feels left out.

Birthday party invitations can be given to me to be placed discreetly into reading folders, so as not to cause undue upset to children who are not invited.

Year 5 NAPLAN

The Year 5 students will be sitting the NAPLAN test in Week 7 and 8. If you would like to support your child with NAPLAN preparation at home, please contact me and we can have a discussion on how you can support your child at home.

I am excited to be your child's teacher this year, and I look forward to working with you and your child as they continue their learning journey.

Kind Regards,
Mrs Dev Singh
Year 4/5 Teacher
Braeside Primary School

growth mindset

what is it?

We used to think that our intelligence was fixed – meaning we were either smart or we weren't. Scientists have proven again and again that simply is not true. Our brain acts like a muscle – the more we use it, the stronger (and smarter) our brain becomes.



IS YOUR MINDSET FIXED?

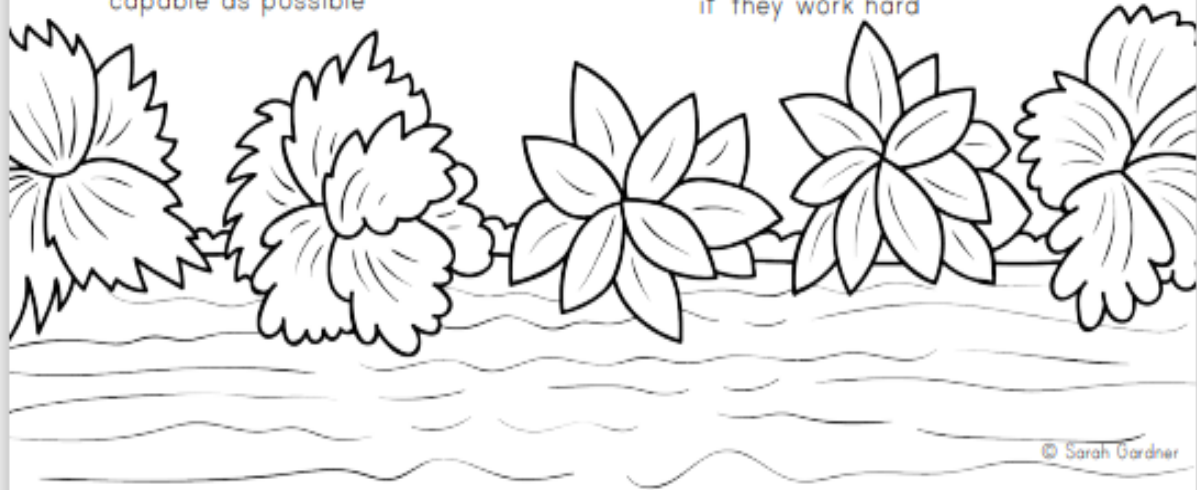
A person with a fixed mindset may do these things:

- avoid challenges
- give up easily
- ignore feedback
- become threatened by other people's success
- try hard to appear as smart or capable as possible

WHAT DOES A GROWTH MINDSET LOOK LIKE?

A person with a growth mindset may do these things:

- embrace challenges
- give their best effort
- learn from feedback
- become inspired by other people's successes
- believe their intelligence can change if they work hard



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growth mindset

ways to help your child

TALK ABOUT IT

Talk with your child about their day, but guide the discussion by asking questions like:

- Did you make a mistake today? What did you learn?
- What did you do that was difficult today?

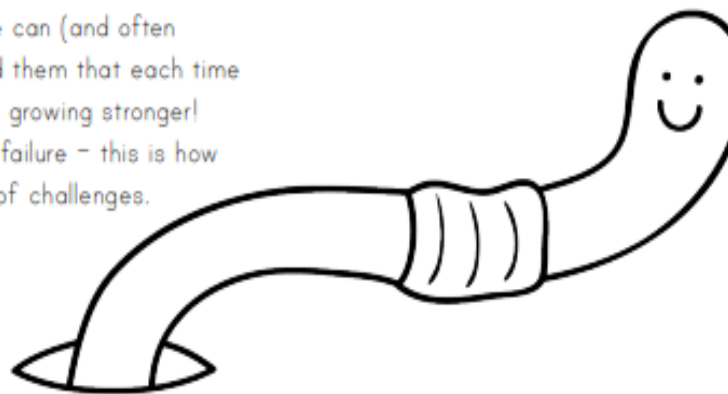
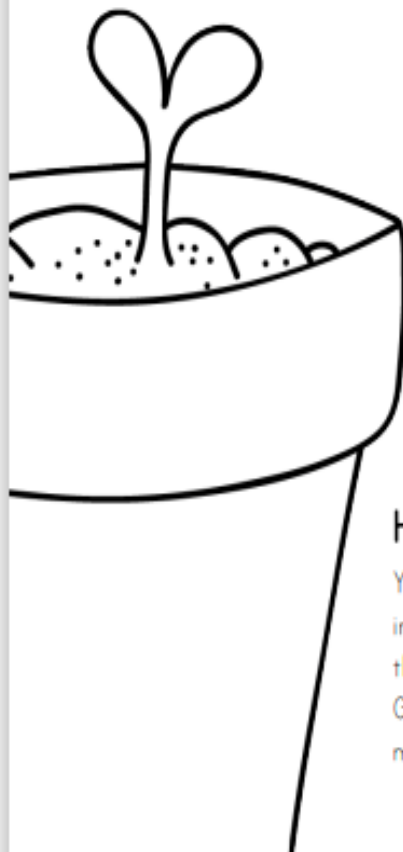
ENCOURAGE FAILURE (say what?!)

Your child needs to know that failure can (and often does) happen and **it is okay!** Remind them that each time they fail and try again, their brain is growing stronger! Don't step in to prevent your child's failure – this is how they learn to persevere in the face of challenges.

PRAISE THE PROCESS

Instead of saying, "You're so smart!" praise effort, goal setting, persisting through challenges, or being creative. You can say something like:

- "Wow! You must have worked really hard on this!"



THE BRAIN CAN GROW!

Remind your child that **their intelligence is not fixed**. Remind them that when things are difficult, their brain grows if they persist through the challenge. Each time they learn something new, their brain is making new connections. Your child needs to know this is possible!

HELP THEM CHANGE THEIR DIALOGUE

Your child's self-talk, or internal monologue, makes a huge impact on their mindset. If they say, "This is too hard!" help them change that to "I can't do this yet, but I will keep trying." Give them the words to say when they are feeling defeated by modeling it yourself!

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